

What to Expect When You're Expecting Pregnancy Organizer

Arlene Eisenberg, Sandee Hathaway B.S.N, Heidi Murkoff



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Marrying the friendly authority of *What to Expect When You're Expecting* with the ease-of-use of a daily planner, here is a companion for every stage of pregnancy. It's a complete planner, and includes forms to track medical expenses, checklists to help achieve a healthy diet, easy-to-fill-in personal and family medical history pages, suggested shopping lists for pregnancy wardrobe and layettes. Plus plenty of room to record important questions for the doctor, favorite names, keep a labor and birth diary, and more. With a new design that is compact and Wire-O bound with a spine, the pregnancy organizer can be slipped into a handbag or briefcase, to be carried everywhere for everything worth jotting down. 344,000 copies in print.

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