



# **Family Therapy and Mental Health: Innovations in Theory and Practice (Haworth Marriage and the Family)**

*Malcolm M. MacFarlane*

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Use these interventions and treatments to help people with mental health problems and their families! Family Therapy and Mental Health: Innovations in Theory and Practice explores the application of family therapy approaches to the treatment of a variety of mental health problems. A variety of treatment modalities are used with patients and their families to address these problems, including family psychoeducational approaches, the McMaster Model, cognitive behavioral family therapy, brief therapy, and systemic and narrative approaches. Each chapter of Family Therapy and Mental Health examines the gender and cultural issues that are relevant to the population and model it describes, and includes a case example. In addition, each chapter describes how the model is integrated with psychiatric services and examines the use of medication in each case. For complete contents, and to see our distinguished roster of contributors, please visit our Web site at <http://www.haworthpress.com> This volume presents a variety of family therapy approaches to conditions that include:

- schizophrenia
  - bipolar disorder
  - anxiety
  - depression
  - personality disorders
  - suicide
  - addictions
- There are also complete chapters describing family therapy approaches to special issues such as:
- women and mental health
  - brain injury
  - aging

The text of Family Therapy and Mental Health: Innovations in Theory and Practice is written with a strong clinical focus and will be helpful and informative for frontline clinicians as well as students in graduate programs. The book's broad range, covering the mental health issues that clinicians typically encounter in the real world, ensures that they will find information they can use today and every day, and wisdom that students can carry with them through their careers.

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