



# **Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse)**

*Patrick Smith*

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## **Delicious No-Calorie Alternatives to Soda for Low Cholesterol, Weight Loss, and General Health**

### **80 Recipes for Fruit Infused Water to Lose Weight and Health**

Dear friend,

**Fruit infused water** is the combination of the health benefits and taste of fruits, herbs and vegetables with water. Also known as *vitamin water*, it allows you to replace sodas, juice and other sugary beverages with healthy drinks that are just as delicious.

In the *fruit infused water* handbook, you will find zero-calorie, *low cholesterol* recipes that boost your metabolism and help you lose weight. In addition, there are many recipes that help clean and cleanse the body of toxins. They are great in combination with liver detox programs and any detox diet. Also, if you have an interest in *natural herbal remedies*, this is a way to use herbs to your benefit in a simple way.

## **Fruit Infused Water Can Replace Any Soda**

**Here is a brief overview of what's inside:**

- **80 fruit in fused water recipes for weight loss and health**
- 25 vitamin water recipes that boost your metabolism
- **25 fruit infused water recipes perfect for the gym and summer**
- 30 fruit infused water recipes with detox properties that are perfect for detox cleanses, liver detox and more
- **No sugars, low cholesterol, no calories, no alcohol**
- Natural herbal remedies in the form of water
- **Much more!**

As a health coach with a passion for fitness and nutrition, fruit infused water has accompanied me for a long time. Vitamin water is perfect for losing weight and getting nutritional contents at the same time. They also make a great counterpart to smoothies, not to mention how delicious they look. A glass pitcher filled with a mixture of water and fruits is an exotic thing to serve on parties and always gets a lot of attention.

## Would You Like To Know More?

Scroll to the top of the page and click the buy button to join thousands of people that already use these vitamin water recipes to lose weight and live healthier lives.

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Tags: *coconut oil, detox diet, detox cleanse, fatty liver, liver cleanse, 10 day detox diet, liver detox, fruit infused water, vitamin water*

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**From reader reviews:**

**Allison Devore:**

Why don't make it to become your habit? Right now, try to ready your time to do the important behave, like looking for your favorite e-book and reading a publication. Beside you can solve your trouble; you can add your knowledge by the publication entitled Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse). Try to face the book Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) as your close friend. It means that it can to become your friend when you feel alone and beside those of course make you smarter than before. Yeah, it is very fortunated for you. The book makes you more confidence because you can know almost everything by the book. So , let's make new experience and also knowledge with this book.

**Eddie Barber:**

Spent a free time to be fun activity to accomplish! A lot of people spent their down time with their family, or their very own friends. Usually they accomplishing activity like watching television, going to beach, or picnic inside the park. They actually doing same every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could possibly be reading a book can be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to test look for book, may be the reserve untitled Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) can be good book to read. May be it might be best activity to you.

**Dennis Mock:**

The book untitled Fruit Infused Water: 80 Vitamin Water Recipes for Weight Loss, Health and Detox Cleanse (Vitamin Water, Fruit Infused Water, Natural Herbal Remedies, Detox Diet, Liver Cleanse) contain a lot of information on the item. The writer explains your ex idea with easy way. The language is very clear and understandable all the people, so do not necessarily worry, you can easy to read that. The book was written by famous author. The author will bring you in the new period of literary works. It is easy to read this book because you can keep reading your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can available their official web-site and order it. Have a nice read.

**Jamie Norman:**

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