

### Fix Your Marriage: 10 Simple Steps To Put The Joy And Intimacy Back In Your Marriage (One New Habit)

Grace Stevens

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## If you are struggling to put the connection, passion, fun and goodwill back into your relationship - this book is for you!

While this book was designed specifically for struggling couples who are looking for help to fix their marriage, the practical, simple steps found in this book are *good relationship habits for every couple*. Simply put, even if your relationship is great, these strategies can make it better.

**Be honest with yourself.** Is your relationship falling victim to the 80/20 rule? Is 80 % of your emotional energy focused on the 20% of your partner's behavior that isn't perfect?

In this short, practical guide the author lays out 10 simple steps that you can immediately implement to improve the "tone" of your marriage. The practical strategies to take you from "dreary" relationship, to "dreamy" relationship.

#### **Specific strategies focus on:**

- reigniting passion
- learning to "fight fair"
- reconnecting in a way that makes you feel treasured and appreciated
- focusing on the behavior you want from your spouse
- having fun (how long since your relationship has really been fun?)
- being happier in yourself, regardless of the state of your marriage

You will find these simple, powerful tools will empower you to take back control of your marriage and help you feel reconnected with your partner, even if that connection has been missing for a long time.

This book is quick and easy to read, and none of the strategies require a lot of time or money. What are you waiting for? Start using the simple strategies to help your relationship not only survive, but thrive.

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**Activities to Maintain Connection in Long Term Relationships** \*\*\*



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#### **Donna Johnson:**

Spent a free time to be fun activity to accomplish! A lot of people spent their spare time with their family, or their particular friends. Usually they doing activity like watching television, gonna beach, or picnic inside the park. They actually doing ditto every week. Do you feel it? Do you want to something different to fill your free time/ holiday? May be reading a book could be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the e-book untitled Fix Your Marriage: 10 Simple Steps To Put The Joy And Intimacy Back In Your Marriage (One New Habit) can be excellent book to read. May be it is usually best activity to you.

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