



Infant and Early Childhood Mental Health: Core Concepts and Clinical Practice

*Kristie Brandt C.N.M. D.N.P., Bruce D. Perry M.D. Ph.D., Stephen Seligman D.M.H., Ed Tronick Ph.D.,
Foreword by T. Berry Brazelton M.D.*

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Drawing from and grounded in their long-standing involvement in pioneering work on infant-parent mental health, the editors of *Infant and Early Childhood Mental Health: Core Concepts and Clinical Practice* have assembled a comprehensive, theoretically insightful, and clinically useful volume for psychiatrists, psychologists, nurses, pediatricians, social workers, psychotherapists, and all other providers serving children and families from pregnancy through age 5. In 20 engaging chapters by renowned practitioners and researchers in the field, the book covers concepts from the nature of infant emotional and brain development to the practice of neurologically and relationally based therapies, and explores topics from child trauma to autism spectrum disorders. The authors weave related core concepts throughout multiple chapters to parallel the multifaceted, multilayered, and interwoven complexity that resembles both the real lives of families and the real work of clinicians. Beautifully written, thought-provoking, and rigorous, *Infant and Early Childhood Mental Health: Core Concepts and Clinical Practice* will serve as the benchmark for the field for both researchers and practitioners for years to come.

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