



**Prof. Arnold Ehret's Mucusless Diet Healing
System: Annotated, Revised, and Edited by Prof.
Spira**

Arnold Ehret

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Warning! Many of the foods that YOU thought to be Safe and Healthy are Creating SLIME inside YOUR BODY!

Discover The Simplest and Most Powerful NATURAL lifestyle secret that has IMPROVED the lives of THOUSANDS!

Professor Arnold Ehret's Mucusless diet healing system: Annotated, Revised, and Edited by Prof. Spira contains one of the most profound revelations of the 21st century: that mucus-forming foods are unnatural for us to eat and are the fundamental cause of many human illnesses.

But how can you eliminate these foods and cleanse the body from their waste? This book has everything You need to Know to Instantly begin Cleansing the Body and Gaining a NEW Lease on Life!

Got MUCUS? Then You Need To Read This Book Because You Will Learn how to:

- Overcome debilitating health issues naturally,
- Identify which foods are mucus-forming
- Melt away unwanted body fat,
- Easily overcome that stuffy nose or cough,
- Heal yourself of numerous painful ailments naturally,
- Transition safely and permanently toward a mucus-free diet,
- And much more!

What others are saying:

"This information is unlike anything else known or discussed about health, a hundred times over. This new annotated version will prove invaluable to your journey to Complete Health!" *-Tony Bahlibi, Mucusless Diet Practitioner and Educator*

"The Annotated Mucusless Diet will be able to answer questions that people who read the original in the past might have had, making Arnold Ehret's book finally complete." *-Georgia Barretto, Brazilian Jazz Musician*

"Having now read the book with Spira's notes and revisions, it is as if I was led hand in hand by a wise person, almost feeling the author's presence next to me, guiding me toward the right thing to do. In a word, if I were on a desert island, this is the only book that I would take with me." *-Aldo Bassi, Mucusless Diet Expert from Italy*

"The book is excellent! I love the fact that you are so detail oriented. With each page I was learning a lot. Professor Spira, you really outdid yourself and deserve a pat on the back!" *-Keonna Lo*

"This mucus free movement is like the next big thing up from going ORGANIC. I'm watching it right before my eyes." *-Qwalion Busby, Educator*

What if you only craved the foods that were good for you?

You will learn to transform your taste buds so that you no longer desire the most harmful mucus-forming foods. This makes eating healthy so much easier and fun!

How Much Money Is It Worth To Eliminate Your Health Concerns And Revitalize Your Body?

People have paid thousands of dollars to learn the kind of details found in this book. Arnold Ehret's public lectures on the Mucusless Diet cost \$100 in 1922 Adjusted for inflation, this would be \$1,389.90 today! But today, the same information Ehret shared and used to heal THOUSANDS of people in his clinics are available to you in this affordable book. And the annotations by Prof. Spira make this book even more valuable, and a must-have for all people interested in natural living.

Mucus-free, The ORIGINAL Vegan Diet!

Get the book that paved way for all plant-based, "vegan" diets. Everybody interested in plant-based natural healing, vegan diets, and raw-food lifestyles must own this book!

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Rosalie Cox:

The book untitled Prof. Arnold Ehret's Mucusless Diet Healing System: Annotated, Revised, and Edited by Prof. Spira is the e-book that recommended to you to see. You can see the quality of the guide content that will be shown to you actually. The language that publisher use to explained their way of doing something is easily to understand. The article author was did a lot of investigation when write the book, therefore the information that they share for you is absolutely accurate. You also might get the e-book of Prof. Arnold Ehret's Mucusless Diet Healing System: Annotated, Revised, and Edited by Prof. Spira from the publisher to make you much more enjoy free time.

Dorothy Cropper:

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Bryant Davidson:

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easy to understand. Typically the writer made some research when he makes this book. That's why this book appropriate all of you.

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