

## Psychosynthesis: A Psychology of the Spirit (Suny Series in Transpersonal and Humanistic Psychology)

John Firman, Ann Gila

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### Psychosynthesis: A Psychology of the Spirit (Suny Series in **Transpersonal and Humanistic Psychology)**

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A comprehensive account of Roberto Assagioli's psychosynthesis, a type of therapy that addresses both spiritual development and psychological healing and growth.



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