



## Solitude: A Return to the Self

*Anthony Storr*

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## **Solitude: A Return to the Self** Anthony Storr

A provocative and highly articulate meditation on solitude, Anthony Storr explores the connection between solitude and the creative personality. From the great to the obscure, Storr examines the uses that all kinds of people make of solitude in times of bereavement and depression, in escaping from the pressures of daily life, in communing with a higher power through prayer, and in finding and expressing their deepest selves.

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