



# **Bereavement and Support: Healing in a Group Environment (Series in Death, Dying, and Bereavement)**

*Marylou Hughes*

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In the early 1970s bereavement support groups were almost unknown. However, the obvious benefits of the group process for recovery - the mutual support and understanding that helps mourners to a better outlook - has created a demand for people who can organise and facilitate these groups.

Addressing the basis and need for support groups for the bereaved, this book presents a theoretical overview, examines benefits and variety of support groups structured and unstructural, special populations and specifics for initiating, organising and running them, such as publicity. It differs from other treatments in that theory and practice are moulded into a how-to approach, with all procedures presented equally for the widest range of choices. Also included is a comprehensive book bibliography for adults, children, children's helpers and parents.

This text is intended to be of use as a resource for professionals in the field of thanatology, including psychologists, psychiatrists, gerontologists, therapists, group counsellors, hospice workers, educators, funeral home directors, home health employees, hospital staff and volunteer organisations that work with survivors.

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