



# Pop Culture: The Sane Man's Guide to the Insane World of New Fatherhood

*Christopher Healy*

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**Pop Culture: The Sane Man's Guide to the Insane World of New Fatherhood** Christopher Healy  
**A smart, hip, and exhilaratingly funny primer for today's father**

Once upon a time being a good dad meant doling out bowls of Frankenberry to the kids on weekends while your wife slept until eight. Today it means juggling bilingual board books, Baby Bjorns, and chilled bottles of pre-pumped breast milk. Fortunately, new and prospective fathers have the equivalent of a Sherpa dad in Christopher Healy, who brings his experience—and that of more than 100 other dads—to this clearheaded and hilarious guide. Healy goes beyond the basics and tackles the questions that really matter:

- Is it appropriate to play a couple games of Grand Theft Auto in front of an infant?
- Who decided that people under five will only listen to trilly folk music?
- Is it okay to watch *Blue's Clues* when your child is not around?

Genuinely useful and truly entertaining, *Pop Culture* is indispensable.

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