



The Dynamics of Crisis Intervention: Loss As the Common Denominator

Juliann Whetsell Mitchell

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This book identifies the events that most often precipitate a crisis and addresses the basic helping skills of listening and responding to persons in crisis. The book explores how to determine and define the trigger event for a crisis, how to help the client prioritize the issue that needs immediate attention, and determine which problem can be dealt with immediately. The scope of the book includes a definition of crisis; determining if the person functions in a constant crisis state; how to effectively manage a crisis; how to be supportive both verbally and nonverbally; how to create a sense of stability; how to accurately assess situations; how to accept and deal with silence; and how to access resources. Also included are guidelines for increasing multicultural awareness. Chapters on suicide, AIDS, grief, addiction, sexual abuse, domestic violence, disasters, listening skills, and intervention skills, and crises and the family system are presented. Part of the book's uniqueness is that each chapter includes how men and women may respond differently. Many concrete clinical examples of actual cases and interventions are provided throughout the text. Guidelines are provided for responding to each crisis. This book will serve as an excellent resource to a variety of individuals in the helping professions: psychologists, social workers, emergency room personnel, psychiatric nurses, clergy, and hotline workers, among others.

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