



Not Young, Still Restless: A Memoir

Jeanne Cooper

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Jeanne Cooper, the Emmy Award-winning American actress best known for her portrayal of Katherine Chancellor on the daytime soap opera *The Young and the Restless*, recounts the steps and missteps of her eight-decade career in *Not Young, Still Restless*. Exploring a career that began with the birth of a phenomenon called television, Cooper's life story co-stars a cast of characters that reads like a who's-who of Hollywood's Golden Age: Frank Sinatra, Tony Curtis, Henry Fonda, and Shelley Winters, to name just a few. Intimate, honest, and inspiring, *Not Young, Still Restless* is a fascinating memoir of a life in daytime drama—and proof positive that that growing older doesn't have to mean giving up.

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