



**Paleo Slow Cooker Recipes Box Set: Over 40
Yummy Gluten Free Paleo Slow Cooker Recipes.
Make Your Waist Slim, Get More Energy, and
Change Your Life for ... slow cooker meals, paleo
diet recipes)**

Norman Ross, Linda Stone, Phyllis Snyder

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BOOK #1: Paleo Slow Cooker Recipes: Over 40 Simple and Yummy Gluten Free Paleo Slow Cooker Recipes for a Successful Paleo Diet

If you are considering a healthier eating lifestyle, this book, Paleo Gluten Free Recipes, is the one for you! Learn how to put together a modified Paleo-gluten free diet plan, a back to basics way of eating, that can pump up your energy and help you lose or maintain weight. If you have been feeling sluggish, tired and without energy, your eating lifestyle may be at fault. This booklet offers valuable information regarding gluten-free and Paleo eating styles, shows how to combine the two plans, and offers thirty days of yummy meals for you and your family.

In this booklet you will learn:

- What is a gluten-free diet?
- Listing of gluten-free foods
- What is a Paleo diet
- Combining the Paleo and gluten-free diets
- Paleo-gluten-free recipes to start your new, healthy diet - breakfasts, lunches and dinners that will energize you
- Paleo-gluten-free snacks and even desserts

BOOK #2: Paleo Diet: Release the Power of the Paleo Diet! Make Your Waist Slim, Get More Energy, and Change Your Life for the Better

Would you like to lose weight? As much as 60% of the population of the US is considered overweight, a staggering statistic. It seems there's always some new fad diet that promises to end your weight woes.

Here is what you will learn after reading this book:

- How does Paleo Work?
- Does the science support it?
- How does paleo compare to other diets?
- Paleo Recipes
- List of Foods for Paleo

BOOK #3: Paleo Gluten Free Slow Cooker Recipes: Without the Tiniest Amount of Grain

The Paleo diet may appear to be a new diet trend but it is so much more rewarding than just a weight loss plan. Individuals looking to also go gluten free can greatly benefit from this diet because it simply stresses the importance of eating naturally healthy foods. This diet encourages preparing meals filled with organic vegetables and lean meats that will cleanse your body of harmful toxins that have been stored up from consuming the genetically altered food we have grown so accustomed to consuming.

Here is what you will learn after reading this book:

- Paleo and Gluten free breakfast meals
- Soups and Stews
- Flavorful Paleo Gluten free Chicken and Seafood Recipes
- Classic Homemade Meatloaf
- Healthy party favorite wings

Getting Your FREE Bonus

Download this book, and find "**BONUS: Your FREE Gift**" chapter right after the introduction or after the conclusion.

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Lucinda Brown:

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Jessica Sarmiento:

Some people said that they feel bored stiff when they reading a guide. They are directly felt it when they get

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