



# Shaolin Secret Formulas for the Treatment of External Injury

*Monk De Qian*

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## **Shaolin Secret Formulas for the Treatment of External Injury** Monk De Qian

This book is translated from a manuscript copied by a student of the Abbot of Shaolin Monastery. Part of the monastic lineage of 'fall & strike' medicine, this book presents hundreds of treatments for a wide variety of external or martial arts injuries as well as preventive training formulas. Back by popular demand, this is the second edition of this title which now includes a full symptom index, easier to use formula descriptions, and Pinyin as well as Latin herbal descriptions.

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