



The Shattered Self: A Psychoanalytic Study of Trauma

Richard B. Ulman, Doris Brothers

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Ulman and Brothers utilize a unique clinical research population of rape and incest victims and Vietnam combat veterans to argue that trauma results from real occurrences that have, as their unconscious meaning, the shattering of "central organizing fantasies" of self in relation to selfobject. Their innovative treatment approach revolves around the transformation of these shattered fantasies in the intersubjective context of the transference-countertransference neurosis.

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