



# Getting Past Your Breakup: Your Relationship Ended but Your Life Didn't

*Shelby Grant*

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## **Getting Past Your Breakup: Your Relationship Ended but Your Life Didn't** Shelby Grant

Watching the person who stomped on your heart walk out the door is never easy. Your stomach may be tied up in knots and you don't know what being single feels like. In this book, the author will give you some ideas on how to begin the healing process. With self-reflection and other techniques, you may begin to feel the burden of that broken heart fade away. The author reminds you that with all wounds, it takes time. The author will offer words of encouragement and support because you are not alone. Please dear reader, don't feel like your world came crashing down around you. Your relationship may have ended, but your life is just beginning.

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#### **Mathew Casillas:**

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#### **Weston Brock:**

Playing with family in a park, coming to see the marine world or hanging out with good friends is thing that usually you may have done when you have spare time, then why you don't try matter that really opposite from that. 1 activity that make you not feeling tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Getting Past Your Breakup: Your Relationship Ended but Your Life Didn't, you are able to enjoy both. It is very good combination right, you still need to miss it? What kind of hang type is it? Oh come on its mind hangout fellas. What? Still don't have it, oh come on its known as reading friends.

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