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Discover how to love, honor, and cherish yourself  
forever after**

*Julia A Bowlin MD*

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# **To ME I Thee Wed: Be Your Own Better Half: Discover how to love, honor, and cherish yourself forever after**

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## **To ME I Thee Wed: Be Your Own Better Half: Discover how to love, honor, and cherish yourself forever after** Julia A Bowlin MD

• Do you ever feel divorced from who you really are or who you want to be? • Do you long to connect fully with others but feel like you don't even know how to connect with yourself and what YOU want? • Do you feel there are so many parts of who you really are but you have never let those parts come out and play? • Have you ever realized you have just been going with the flow and suddenly thought to yourself, "Hey...what about me?" If you are ready to be fully engaged with your life, this is the time for you! If you are ready to love, honor, and cherish YOURSELF then this is the moment for you! If you are ready to be your own best friend and your own better half then... THIS IS THE BOOK FOR YOU! It is time to be the best YOU before you become two. Contact: [www.juliabowlinmd.com](http://www.juliabowlinmd.com) You are worth it! Julia Bowlin, M.D.

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