



Notes from a Blue Bike: The Art of Living Intentionally in a Chaotic World

Tsh Oxenreider

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Life is chaotic. But we can choose to live it differently.

It doesn't always feel like it, but we *do* have the freedom to creatively change the everyday little things in our lives so that our path better aligns with our values and passions.

The popular blogger and founder of the internationally recognized *Simple Mom* online community tells the story of her family's ongoing quest to live more simply, fully, and intentionally.

Part memoir, part travelogue, part practical guide, *Notes from a Blue Bike* takes you from a hillside in Kosovo to a Turkish high-rise to the congested city of Austin to a small town in Oregon. It chronicles schooling quandaries and dinnertime dilemmas, as well as entrepreneurial adventures and family excursions via plane, train, automobile, and blue cruiser bike.

Entertaining and compelling?but never shrill or dogmatic?*Notes from a Blue Bike* invites you to climb on your own bike, pay attention to who you are and what your family needs, and make some important choices.

It's a risky ride, but it's worth it?living your life according to who you *really* are simply takes a little intention. It's never too late.

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Norma Lorentzen:

People live in this new day time of lifestyle always attempt to and must have the spare time or they will get lots of stress from both day to day life and work. So , whenever we ask do people have extra time, we will say absolutely indeed. People is human not just a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you of course your answer can unlimited right. Then do you ever try this one, reading publications. It can be your alternative in spending your spare time, the actual book you have read is Notes from a Blue Bike: The Art of Living Intentionally in a Chaotic World.

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