



Shamans, Mystics and Doctors: A Psychological Inquiry into India and its Healing Traditions

Sudhir Kakar

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Sudhir Kakar, a psychoanalyst and scholar, brilliantly illuminates the ancient healing traditions of India embodied in the rituals of shamans, the teachings of gurus, and the precepts of the school of medicine known as Ayurveda.

"With extraordinary sympathy, open-mindedness, and insight Sudhir Kakar has drawn from both his Eastern and Western backgrounds to show how the gulf that divides native healer from Western psychiatrist can be spanned."—Rosemary Dinnage, *New York Review of Books*

"Each chapter describes the geographical and cultural context within which the healers work, their unique approach to healing mental illness, and . . . the philosophical and religious underpinnings of their theories compared with psychoanalytical theory."—*Choice*

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