

### Making Lemonade: 101 Recipes to Convert Negatives into Positives

Neil E. Farber MD

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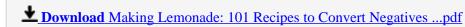
#### Making Lemonade: 101 Recipes to Convert Negatives into Positives Neil E. Farber MD

We all know the phrase "When God gives you lemons, make lemonade." But how exactly are we supposed to do that? Do we really need a recipe book to learn how to make lemonade? YES!

In this soon-to-be-bestseller, Dr. Neil Farber, author of The Blame Game: The Complete Guide to Blaming, reveals 101 recipes to make metaphorical lemonade. Making Lemonade is a guide to turning "bad" things into "good". Lemons have been given a bad rap; sometimes lemons are blessings in disguise. Just like our "problems", lemons aren't inherently good or bad; it's our perception and preconceived ideas that make them so.

Each chapter of Making Lemonade describes an apparent negative (lemon), lists ingredients and preparation instructions, and shows you the positive outcome (lemonade).

**Making Lemonade** provides you with the passion, inspiration, knowledge, and practical tools to start on a path to positivity.



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