



# The Healing Power of Reiki: A Modern Master's Approach to Emotional, Spiritual & Physical Wellness

*Raven Keyes*

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## **The Healing Power of Reiki: A Modern Master's Approach to Emotional, Spiritual & Physical Wellness** Raven Keyes

The art of Reiki has the power to heal our minds, bodies, and spirits in ways few of us can imagine. The first Reiki master to practice in an operating room under the supervision of Dr. Mehmet Oz, author Raven Keyes tells moving stories of giving Reiki to rescue workers at Ground Zero, as well as PTSD survivors, professional athletes, trauma patients, and those suffering from crippling emotional pain. Keyes offers an abundance of inspirational experiences, sharing the joys and pains of working with patients, their loved ones, and their communities. Through stories and meditations, readers are filled with hope and a sense of good will. Helpful exercises are included to provide direct application of the material and the opportunity to engage with healing energy more deeply.

### **Praise:**

“My gift is surgery. Raven’s gift is energy healing.”—Mehmet C. Oz, MD

“I recommend this book to anyone wanting a deeper understanding of Reiki and how it can work with conventional medicine.”—William Lee Rand, President of the Center for Reiki Research

“Raven Keyes is a Reiki rock star angel!”—Elaine D’Farley, *SELF Magazine*

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