



A Book of Mediterranean Food (New York Review Books Classics)

Elizabeth David

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Long acknowledged as the inspiration for such modern masters as Julia Child and Claudia Roden, *A Book of Mediterranean Food* is Elizabeth David's passionate mixture of recipes, culinary lore, and frank talk. In bleak postwar Great Britain, when basics were rationed and fresh food a fantasy, David set about to cheer herself --and her audience-- up with dishes from the south of France, Italy, Spain, Portugal, Greece, and the Middle East. Some are sumptuous, many are simple, most are sublime.

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